

SERVICE FAMILIES NEWSLETTER

JUNE 2025



MOD Families Hub Information Portal

The Families Hub offers useful signposting to all Regular and Reserve personnel and families – from the moment of joining the Forces through to leaving. Discover information, support and guidance to help you manage various aspects of Service life as a family.

Categories:

Education & Childcare
Additional Needs & Disability
Health & Well-being
Welfare
Partner & Family Support
Safeguarding
Housing
Non-UK National Personnel
Life Skills & Finance
Transition
Armed Forces Covenant



Ministry
of Defence



Your new Families Hub

Explore our Families Hub – a portal that signposts to information and support – to help you navigate Service family life.

Explore your options with:



Find the Families Hub



Visit the [Discover my Benefits website](#) or search for "Discover my Benefits" on any search engine.



DEPLOYMENT SUPPORT FOR CHILDREN



Deployment support

If your family is preparing for a deployment there are resources that can help make life a little bit easier for your children.

Deployment Support Information

AFF, [RAF Families Federation](#), [Naval Families Federation](#) and [@Service Children in State Schools - SCISS](#) have collaborated to put together a guide to the different organisations that can offer support.

Click the link above to find out more.



Opportunities to get involved



Who are Forces Wives Challenge and what do we offer?

As well as 30 outdoor events/challenges planned for 2025 around the UK and abroad that are open to women whose partners are in the Armed Forces (serving or veteran), we also run an Adventure academy, a Leadership Development Programme and collaborate with academics on research studies. To find out more, to join or to sign up for a challenge www.forceswiveschallenge.org



TOGETHER, WE CAN ACHIEVE ANYTHING





Strensall Station

COHESION DAY

BRING YOUR OWN PICNIC

FREE
ENTRY

SATURDAY
26th
July
25

12:00 PM
UNTIL
16:00 PM

WHAT'S ON

**Music, Silent Disco, Bar,
Go Karts, Games,
Children's
Entertainment, Free Ice
Cream, Face Painting,
Bouncy Castles, Bucking
Bronco, Craft Stalls,
Tombola Stalls, Fire
Engine, Police.**



Hosted By 21 MMR Welfare

21MMR-RHQ-WELFARE-0MAILBOX@MOD.GOV.UK



Tickets Via QR Code





LIFEWORKS

Lifeworks is a free employment support programme which equips veterans and family members of those currently serving with the tools needed to find meaningful employment outside the armed forces.

With RBLI's unwavering support for the veteran community and the dedicated team at lifeworks, incredible results have been achieved with thousands helped in previous years.

[Lifeworks:
Employment Support](#)



RBLI is exploring how to best deliver its Lifeworks Families courses to meet the unique needs of our Armed Forces Community: 'Your input is essential in helping us shape our employment skills training to be as effective and accessible as possible'



[Lifeworks Families Questionnaire](#)

LIFEWORKS HUB

Are you home educated?

Or are you a parent/carer
home educator?

Then our Home Educator
Event is for you!

Wednesday 25th and Thursday 26th June
9.15am - 3.30pm

Learn about Further Education, what it is and the next steps,
as well as the support we can offer you or your child/young person.

Who is this event aimed at?

Our Home Educator Event is aimed at both young people who are educated at home and parents/carers who are home educators.

It is open to anyone in the York or the wider area who is considering their next steps to Further Education, following home education.

Parents/Carers

Our talks will explain what Further Education is and the courses we offer, at this level, which could be suitable for your child/young person.

There will also be the opportunity to learn more about the pastoral care we offer and the learning support available.

Students

This is your opportunity to experience College while your parent/carer is attends talks. Taster sessions have been set up to focus on two subjects over the day.

Book your place now

You only need to attend on one of the days and there are five strands to choose from, as per the table below. You'll need to choose which strand to experience on the day when you book your place.

	Strand 1	Strand 2	Strand 3	Strand 4	Strand 5
Morning session	Health	Digital	Engineering	Sport & Nutrition	Humanities
Afternoon session	Early Years	Creative	Business	Business	Maths & Science

Please note there is only space for one parent/carer per child/young person.

Scan here to
book your place



AMBITION | CARE | RESPECT | SUCCESS

York College, Sim Balk Lane, York, YO23 2BB





COFFEE

EVERYONE IS
welcome here

TEA



**MORE THAN JUST A
COFFEE MORNING**

STAY CONNECTED, MEET PEOPLE, HAVE FUN!!



**EVERY THURSDAY
9.30 TO 11.00 AM**

LOW MOOR CENTRE,
BRAY ROAD, FULFORD




Come along for a brew, chat and
let the little ones play.

All military families & serving
personnel welcome

Join 21 MMR Welfare Team on Fridays at Hurst
Hall. £1 per family for refreshments

9.30 - 11.00 a.m.

Contact 01904 442989

Or e-mail

21MMR-RHQ-WELFARE-CLERK@MOD.GOV.UK

Useful contacts



Army Welfare Service
Serving the Service Community

For all Personal Support enquiries and referrals please contact the Intake and Assessment Team (the AWS welfare single point of contact) at:

RC-AWS-IAT-0Mailbox@mod.gov.uk or 01904 882053 (civ) / 94777 3053 (mil)



21 Multi-Role Medical Regiment

Welfare Officer: Capt Kyle Bruce

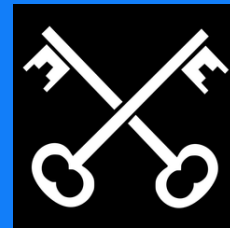
21MMR-RHQ-WELFARE-OFFR@MOD.GOV.UK

WO2 Nikki Robson

Email: 21MMR-RHQ-WELFARE-0MAILBOX@MOD.GOV.UK
Tel: 01904 442989

(Out of hours welfare please call the guardroom on 01904 442864 and ask to the Duty Welfare Officer)

Unit Welfare Clerk
Mrs Susan Wilson
Email: 34Hosp-rhq-welfare-clerk@mod.gov.uk



2 Signals Regiment

UWO
Capt Mark Davies

Unit Welfare SNCO
SSgt Katie Mancey

WO2 Carl White

2sig-spsqn-welfare-groupmailbox@mod.gov.uk

Civ: 01904 651572 | Welfare Mob : 07973817562



01264 554004



contact@aff.org.uk



www.aff.org.uk



Beccy Dixon
Service Families Liaison
Officer



07895 202551



r.dixon@ebor.adademy

What's on?



**ARMY
WELFARE
SERVICE**



PLAY SESSIONS

For Service children aged 5 - 10 years

Strensall: Tuesdays 5.00pm - 6.30pm

Fulford: Thursdays 5.15pm - 6.45pm



Arts & crafts



Sports



Games



Baking



Messy play



Imaginative play

Fun activities Make friends Try new things
Supports well-being Supports learning

YOUTH CLUB

For Service young people aged 11 - 16 years

Strensall: Tuesday 7.00pm - 8.30pm

Fulford: Wednesdays 5.30pm - 7.00pm



Pool



Arts & crafts



Sports



Baking

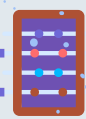
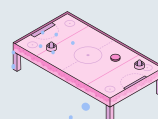


Table football



Air hockey



Table tennis



Trips

Somewhere to go Something to do Someone to talk to
Make friends Fun activities Supports well-being
Try new things Learn new skills

Young people can bring a non-Service friend with them.

Location:

- **Strensall:** Hurst Hall Community Centre, Border Road YO32 5SR
- **Fulford:** Low Moor Centre, Bray Road Y10 4JG

Sessions cost £1 and there is also a tuck shop selling sweets. Please contact Michael Bailey, AWS Community Development Worker, for more formation. Email: michael.bailey124@mod.gov.uk Tel: 07767 008982





Service Families' Liaison Officer

A message from me...



Hello everyone,

I hope you all enjoyed the half-term holidays. The final few weeks of the school year are ahead of us and the summer holidays are creeping up; another school year has flown by!

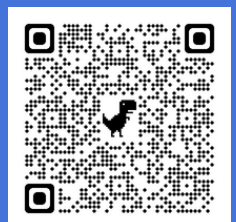
The 80th anniversary of VE Day was marked by a series of poignant and celebratory events across the UK, reflecting on the sacrifices made by the Armed Forces and their families during World War II.

The sacrifices made by you, our Armed Forces families today, are profound and deserving of our deepest gratitude. You continue to bear the emotional and practical burdens of military service, often in silence and without recognition.

You and your family play a pivotal role in supporting the operational effectiveness of our Armed Forces. Your resilience and adaptability are tested through frequent relocations, extended deployments, and the emotional toll of separation. Despite these challenges, you remain steadfast in your support, ensuring that service members can focus on their duties.

Thank you.

Beccy Dixon



**THE ARMED FORCES
COVENANT FUND TRUST**

